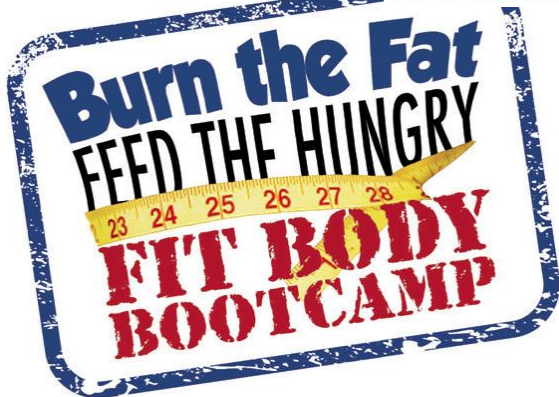
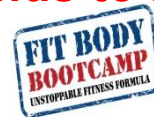


HERE'S YOUR CHANCE to join your Neighbors and Friends to help burn the fat and feed the hungry.



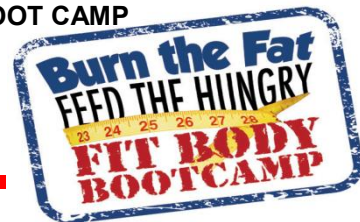
Dallas Fit Body Boot Camp announces its 3-hour fun indoor Workout-A-Thon to help raise money for **Dallas LIFE** and promote fitness as part of a healthy lifestyle. **Saturday, February 13th 8 am - 11 am**

Everyone is encouraged to workout at their own pace for as little as 15 minutes **OR....If you're up to it**, for the entire 3 hours.

100% of the **\$25** donation will be given to **Dallas LIFE** and will include:

- * 3-hour fun Workout-A-Thon (with breaks every 30 minutes)
- * The Ultimate "Tone-It-Up" Nutrition Guide
- * Healthy snacks and bottled water
- * A Chance to Win a **FREE Month** of BOOT CAMP

All for a small **\$25** tax-deductible charitable donation.



We'll see you at the.....

Burn the fat – feed the Hungry



WHEN

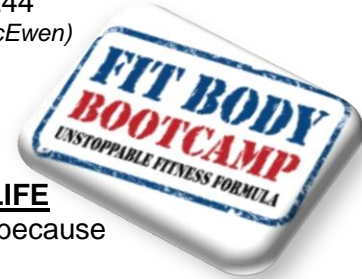
Saturday, February 13th, 8:00am -11:00am

WHERE

Dallas Fit Body Boot Camp
@ Sole Roll Indoor Soccer Fields
4435 McEwen Rd. Dallas, Tx. 75244
(Just North of 635 on Midway, East on McEwen)

WHAT to BRING

Comfortable workout clothes
A workout towel
A **\$25** check made out to **Dallas LIFE**
A heaping amount of enthusiasm because
We're gonna' have a blast!



CONTACT

Darren Clark

214 478 0765 or DallasFitBodyBootCamp@yahoo.com

www.DallasFitBodyBootCamp.com

Thanks for making a difference.

-Darren L. Clark

Sponsored by Dallas Fit Body Boot Camp for - www.DallasLIFE.org